

# \*\* AT EASE \*\*



## VIETNAM VETERANS OF AMERICA CENTRAL NEW YORK CHAPTER



### FEBRUARY/MARCH 2007

VVA INSTALLATION DINNER APRIL 7, 2007  
WATCHFIRE MAY 27, 2007

This is my last message to you as your President. At the next Chapter meeting on the 15<sup>th</sup> of March at 7pm we will be having our elections. Please come to this meeting and vote for your candidates. Your leadership is going to represent you for the next 12 months. They are very important months; they dictate our future as veterans. So your next 12 months in this chapter and in the veteran's community matters a great deal.

Over the last four years we have come light years in our chapter's history. We have made a difference in the VA at all levels. I can tell you the VVA has really become a driving force in making the difference. We pushed for better over all care at the VA and let our concerns be known at every level of the VA system. I made sure that our concerns were not only heard but were acted upon. This has taken a lot of my time by going to all the VA meetings that we were able to attend. Personally, I want to let you know that I worked very hard to make sure you were heard. But it takes more then showing up at meetings. I had to elbow my way in sometimes and at times the people that I was interacting with **didn't like** what I had to say. But it needed to be said. The VA realized that our chapter was not just talking; we were always willing and will continue to be part of the solution. That is what makes us different in this bigger picture of our future. Many of you didn't want me to take the time to really explain what the problems were and why it was so important for us to get involved. What we have in our favor right now is all the national coverage at **Walter Reed Army Hospital**. This stuff has been going on for a long time. Many of these problems are a carry over of what we went through during and after Vietnam. While listening to the hearing, it was like one great big flash back. And it's all about money. The Congress and the White House have long been the problem. We should not have to be revisiting these problems. Vietnam Veterans are dying at the same rate as WWII veterans. Agent Orange, PTSD, lack of medical care, and many others problems still exist, and we cannot throw the towel into ring. The whole deal has been to look out for those who can't take of themselves. Their families are really a casualty of what we did for the security of our country and our way of life. We need to carry on the fight. Working with these issues really needs to be continue and actually speeded up. I can tell you that there is a small window to get changes made. These problems will go way after the cameras stop running. It's our duty and responsibility to get these problems acted upon.

What are some of the things that we have done in the last four years that you can be proud of? Here is a short list.

1. We got the VA to get the Bereavement Room for privacy of Veterans and their loved ones, so that bad news can be passed on in a private setting.
2. We started the DVAP program (Disabled Veterans Assistance Program) to help disabled veterans get work done on their homes to give them a better quality of life.
3. We made the change from our own house to our present meeting place. This was very difficult for us. This was a major down sizing.
4. We were able to secure an office at Veteran's Fasteners because of the kindness of Vince Morrison. Because of this we have a place for our "At Ease" newsletter to be printed.

5. We got our "At Ease" newsletter up and running again.
6. We were able to get our TV program up and running again.
7. We were able to enlarge our Watchfire to a huge free event.
8. We were able to open up a dialogue with the Mayor of the City of Syracuse.
9. We were able to get badly needed repairs to the Korea-Vietnam War Memorial.
10. We had the Dignity Vietnam Wall brought to Syracuse.
11. We have opened up meaningful dialogue with all levels of Governments.
12. We had been involved with getting the VA to stop its actions to review 72,000 PTSD claims.
13. We have been successful in having input into the new Governor's position on Veterans Affairs for the State of NY.
14. We have been successful in getting members to get enrolled in the VA to assist them to get the help they need. We also assisted their families at every level.
15. We were able to secure our hotdog cart and a trailer to secure and store the hotdog cart.
16. Our membership numbers have gone up and have been stable.
17. We have had a lot of new faces at our membership meetings and they have gotten involved with our projects.
18. We are recognized as a leading chapter with in VVA.
19. We have been very successful in entering into partnerships with community organizations in which we have invested interests.
20. We have recognized the people in our community who have made a difference in the veteran's community.

I want to thank the Board of Directors, my Executive Board, and the membership for giving me the privilege to represent you for these last four years. I want to congratulate the new officers and Board members on their future endeavors. My congratulations to all of the award winners this year.

I think that I have made a difference in the last four years. I could not have done this without the help of my Officers, Board of Directors, and members for their support and most of all for their trust. I have done the best I could with what I had. The best thing I had was a family that supported me in helping Veterans and their issues. I had the best of people who were able to give good, hard, and painful at times, advice that I need to solve problems. Thank you all.

## February/March Notes

Our Chapter television program is on Wednesday nights at 6 p.m. on public access channel 98. Our media effort is ably led by Ron Fairbank and his superlative staff in the quest to bring veterans issues to the public and inform our extensive veterans community. The efforts of the staff are informative and educational - you would be well-served to watch a very good program.

The WA Installation Dinner will be held at the Liverpool Elks Lodge on April 7, 2007. A cocktail hour will be from 6pm tp 7pm, with dinner immediately following. Last year's dinner was a great success and everybody had a great time with very good menu selections. Dinner prices will be \$20 for members and \$25 for nonmembers. Tables of ten can be purchased for \$250. Send checks/money orders for the dinner to Richard Madden, 3683 Doyle Rd., Baldwinsville, NY 13027. The Lodge requires a headcount by March 30\*, 2007, so reservations will have to be in by that date.

I know it's early to be mentioning this (again), but our annual Watchfire will be on May 27<sup>th</sup> at the New York State Fairgrounds in the upper parking lot next to Rt. 690. The parking lot where it always takes place was renamed Veterans Memorial Watchfire Park last year, complete with our own engraved sign on State Fair Boulevard at the entrance leading up to the Watchfire. We are now an integral part of the Memorial Day celebration in Central New York and are officially recognized as such. We had over 10,000 people last year and expect to add significantly to that this year - thanks to you! From WWII to Iraq and Afghanistan - you can see them all here. Please join us.

The website of the New York State Council of Vietnam Veterans of America is [www.nyvietnamvets.org](http://www.nyvietnamvets.org).

A reminder: Sue Doan, our State Veterans Counselor, has the following address:

Sue Doan  
State Veteran Counselor  
State Office Bldg 4<sup>th</sup> Floor  
333 E. Washington St.  
Syracuse, NY 13202

If any veteran has a question or problem that needs to be addressed, give Sue a call at 428-4046 at the State Office Building

Editor's note: the second Thursday of each month is the cutoff for articles/information to be submitted for inclusion in the newsletter. My phone number is 635-2019; my email address is [rmadden002@twcny.rr.com](mailto:rmadden002@twcny.rr.com). Comments, suggestions and criticisms are welcome.

## Chapter Elections scheduled for Thursday March, 15<sup>th</sup>.

As dues paying members of this Chapter what do you want? Read on.

We appear to be at a transition point in the life of our Chapter and of the life cycle of all other Veterans organizations familiar to all of us: the DAV, the VFW and the American Legion. We are being looked upon to take the lead in the community, due to the increasing age and decreasing memberships of those other organizations.

We need more than just a few good men to help us shoulder these increasing responsibilities. Those good men we do have are nearing burnout--they have been there for the Chapter time after time year after year. We are in dire need of re-enforcements to help them and help us as a Chapter to take on this new mission. Chapter 103 needs to be there for those returning from the war on terror. We must support these new Vets until they eventually take over for themselves as we did and are ready to be there for the next generation of veterans.

So what do you want? Remember the classic old movie "Casablanca" Well, it's still the same old story-a fight for love and glory--but now even more importantly it's for Veterans benefits and rights.

It's up to each one of you—our Chapter needs help bigtime—come out Thursday March 15<sup>th</sup> and vote for your officers for 2007-2008. "together then—together again" It's time to regroup and come back together as a Chapter. Without you it could turn out to be like before and we simply ask "Sam to play it again."

Your Chapter-Your Choice-Your Vote-

Free pizza and wings follow the vote. Stay and mingle you might even enjoy the camaraderie again. We certainly hope so!

By Ron Fairbank 1<sup>st</sup>. Vice President

## ***VVA Chapter # 103 Awards 2007***

**Citizen of the Year:** Gary Miguel, Chief of Police, 511 S. State St., Syracuse, NY 13202

**Community Service Award:** Ron Fairbank, VP, CNY #103 Vietnam Veterans of America, Inc.

**Corporate Supporter of the Year:** SPARC

**Grunt of the Year:** William M. Martin, Westvale Gardens

**Humanitarian of the Year:** Patrick E. Nesci

**Individual Supporter of the Year:** Dr. Gary Tyndall, Syracuse, VAMC

**President's Award:** Mayor Matt Driscoll, Syracuse

**Vietnam Veteran of the Year:** David J. Holihan, Mayor's Veterans Advisory Board

**Veterans Advocacy Award:** K. Sue Doan, Counselor, NYS Dept. of Veteran Affairs

**Exemplary Service Award:** Gordon C. Lane

These are your Award winners this year and they will be honored at our Awards Dinner and Installations Dinner on Saturday, 7 April 2007, at the Elks Lodge located on Rt. 370, between Liverpool and Baldwinsville. The cost is \$20.00 per person if a member, \$25.00 if not a member. Social hour will start at 6PM. For seating please contact John La Manna at 437-5890 or any other questions you may have.

Please come out and show support for those who have served our chapter well.

# **VETERANS WATCHFIRE 2007**

**SPONSORED BY:**

**VIETNAM VETERANS OF AMERICA**  
**CENTRAL NEW YORK CHAPTER 103**

**SUNDAY, MAY 27<sup>th</sup>**

**WHERE:** NYS Fairgrounds – the upper parking lot next to Route 690. Look for the tower of logs and the American flags - you can't miss it!

**Refreshments will be on site or bring your own cooler and something to sit on. Stay with us until dusk for the ceremony and the lighting of our Watchfire to honor all veterans and those who made the supreme sacrifice, the POWs and MIAs.**

**All veterans, their families and friends are always welcome!**

**WE WERE TOGETHER THEN...**

**WE ARE TOGETHER NOW!**

# The Post-Standard

## County gives tax break to veterans

**New law raises caps on property tax exemptions for those who served in war.**

Wednesday, February 21, 2007

By John Mariani Staff writer

Onondaga County has raised the caps on the value of properties against which qualified military veterans can seek property tax exemptions.

County Executive Nicholas Pirro signed the law raising the caps after a brief public hearing Tuesday.

The county Legislature passed the law 18-0 on Feb. 6. So far,

the law only affects county property taxes.

Individual town and village boards may now consider whether to apply the caps to their taxes, said Karen Carney, the county Real Property Tax director.

As before, the law entitles veterans who served during wartime to a 15 percent exemption from county property taxes.

That means that the market value of their properties is reduced by 15 percent before equalization and tax rates are applied.

Veterans who served in a combat zone are entitled to a 25 percent exemption; those who were disabled while in service can get up to a 50 percent exemption, depending on the extent of their disabilities.

But the law also sets maximums on how much of a property's market value the exemption can be applied against.

The old law capped that market value at \$180,000.

The law signed Tuesday by Pirro raises the limit to \$240,000.

The wartime vet, then, who could have gotten a maximum of \$27,000 chipped off his home value by the tax assessor under the old law - 15 percent times \$180,000 - now can get a reduction of as much as \$36,000 - that is, 15 percent times \$240,000.

For combat-zone veterans, the top deduction rises from \$45,000 to \$60,000. For veterans who are disabled, it goes

from \$90,000 to \$120,000. <http://www.syracuse.com/printer/printer.ssfP/base/news-9/>

172051853219400.xml&coll= 1 2/24/2007

Between 15,000 and 16,000 Onondaga County veterans currently receive exemptions, Carney said.

Officials estimate the cap increases will cost the county about \$48,000 in revenue, she said.

Three county residents, all veterans, addressed Pirro at Tuesday's hearing.

All supported the law, with some reservations about who tracked veterans and whether all were being counted.

"We need this. We really need this," Robert J. Duncanson, 75, a Korean War veteran from Fayetteville, said after the hearing. His assessment has risen over the years to within a few hundred dollars of the old maximum, he said. "Now I have to go to the town of Manlius and the village of Fayetteville and make sure they pass it," he said.

John Mariani can be reached at [jmariani@syracuse.com](mailto:jmariani@syracuse.com) or at 470-3105.

© 2007 The Post-Standard. Used with permission.

Copyright 2007 syracuse.com. All Rights Reserved.

**VA MEDICAL CENTER**

**(315) 425-4400**

**TEAM BLUE:**

**(315) 425-6515**

**TEAM RED:**

**(315) 425-4328**

**DEPARTMENT**

**EXTENSION**

<b>DAV Transportation</b>	<b>54352</b>
<b>Emergency Room</b>	<b>52894</b>
<b>Eye Clinic</b>	<b>53281</b>
<b>Mental Health Clinic</b>	<b>53463</b>
<b>Patient Representative</b>	<b>54345</b>
<b>Pharmacy</b>	<b>52119 or (315) 425 2491</b>
<b>Pharmacy Automated Refills</b>	<b>(315) 425-6505</b>
<b>Prosthetics</b>	<b>54660</b>
<b>Rehab Medicine</b>	<b>52684</b>
<b>Social Worker (Team Blue)</b>	<b>54333</b>
<b>Social Worker (Team Red)</b>	<b>54682</b>
<b>Specialty Clinic (2E)</b>	<b>52611</b>
<b>Specialty Clinic (2W)</b>	<b>52604</b>
<b>Specialty Clinic (4W)</b>	<b>52316</b>
<b>Telecare</b>	<b>1-888-838 7890</b>
<b>Veterans Service Center</b>	<b>54337/53217</b>
<b>Women's Health Clinic</b>	<b>54652</b>

**Team Blue Fax**

**(315) 425-2489**

**Team Red Fax**

**(315) 425-4827**

**VAMC Toll Free**

**1-800 221-2883**

ANGIOGRAPHY B314 53696  
ANESTHESIA 4 WEST  
AUDIOLOGY AG56511  
BACK CLINIC 2W 52604  
BLOOD DRAW C100 52122  
BRONCHOSCOPY 4W  
CARDIOLOGY 5E 52935  
CARDIO CLINIC 2E 52160  
CAT SCAN (X-RAY) 3 52235  
CDC 7 SOUTH 52718  
COLONOSCOPY 4W 52324  
COMP & PEN B200 52207  
COUMADIN 2E 52615  
DAV TRANSPORT A168 54352  
DENTAL B135 52090  
DERMATOLOGY 2 EAST 52160  
DIABETES AG9 52432  
DIALYSIS B442 52328  
DIET CLINIC X261 52431  
EEG/EMG 5 EAST 52934  
EKG 5 EAST 52935  
ECHOCARDIO 5E 52511  
EMERGENCY 1S 52894  
ENDOCRINE 2E 52160  
ENDOSCOPY B426 52332  
ENT 2 WEST 52601  
ENVIRONMENT A170 54822  
EYE CLINIC C210 53281  
GI 2 EAST 52160  
GU 2 WEST 52601  
GERIATRIC 2 EAST 52160  
HEADACHE 2 WEST 52135  
HEM/ONC 2 EAST 53456  
HOLTER MONITOR 5 EAST  
HBPC B904 54302  
INFECT DIS 2 EAST 52160  
IMAGING (X-RAY) 3W 52232  
INFUSION 4 WEST 52330  
LOW CHOLESTEROL AC9 52431

MEMORY DISORDER 2W 52135  
MENTAL HEALTH 7 SOUTH 53463  
MRI-CHECK IN 3<sup>RD</sup> FLOOR  
NEUROLOGY CL 2 WEST 53474  
NUCLEAR MED 3 EAST 52267  
NUTRITION EDUCATION AG6 54374  
OCCUPATIONAL 5 WEST 52684  
ONCOLOGY 2 EAST 53456  
ORTHOPEDIC 2 WEST 52635  
OUTPATIENT PROC 4 WEST  
OPT SOCIAL WORKER C168 54333  
PAIN BLOCK 4 WEST  
PHARMACY C107 56505  
PHYSICAL THERAPY C503 52684  
PODIATRY 2 EAST 52160  
PROSTHETICS A 506 54695  
PSYCHIATRY 7 SOUTH 53463  
PULMONARY (PFT) 2E 54383  
REHAB CLINIC C503 52684  
RENAL CLINIC 2 EAST 52160  
RESPIRATORY THERAPY CG19 52830  
RHEUMATOLOGY 2E 52160  
SLEEP STUDY 2SOUTH 53290  
SENIOR SOCIAL WORK C109 54829  
SPECIALTY CL 2 WEST 52611  
STRESS TEST 5 EAST 52240  
STROKE CLINIC AC9 54320  
SURGICAL 2 WEST 52601  
TEAM RED 1 SOUTH 54828  
TEAM BLUE 1 EAST 56515  
THORACIC SURGERY 2 WEST 52601  
ULTRASOUND 3 EAST 52234  
UNNA BOOT 2 WEST 52601  
UROLOGY 2 WEST 52601  
VASCULAR SURGERY 2 WEST 52601  
VIST C234 54381  
WHEELCHAIR CL C506 52684  
WOMEN CL 2 EAST 54652

# WARM THEIR HEARTS

**Warm Their Hearts is a program designed to help Veterans with gently used, handmade, and donated items such as:**

Lap Blankets

Walker Totes

Wheelchair Totes

Stoma (Trach) Bibs

Colostomy Bag Covers

Winter Hats

Baseball Caps

New Tee Shirts

12-18" Throw Pillows

Our goal is to gain the support of volunteers in helping to make or donate these items for Veterans. We are appealing to schools, knitting/crocheting groups, senior citizen groups, public service organizations and anyone who would like to lend a hand. This is a great project for Family & Consumer Sciences classes to be involved in. Any of these items can be gently used, crocheted, knitted or sewn. All items will be donated to the Vets currently in the VA Medical Center, families of Veterans as well as homeless Vets located throughout the area.

For more information, patterns, or to have donations picked up, please call Barbara Maestri at (315) 484-9948, 558-2915 or email me at: [Warmtheirhearts@yahoo.com](mailto:Warmtheirhearts@yahoo.com).



**MILITARY ORDER OF THE PURPLE HEART**  
CHARTERED BY U.S. CONGRESS  
**COMBAT WOUNDED VETERANS**

**FROM: JOHN DESPIRITO III**  
COMMANDER, MILITARY ORDER OF PURPLE HEART  
CHAPTER 406

**FREE ENROLLMENT IN THE NATIONAL PURPLE HEART HALL OF FAME**

WE ARE COUNTING ON YOUR HELP TO REGISTER ALL PURPLE HEART RECIPIENTS ON THE ROLL OF HONOR, AN INTERACTING COMPUTER DATA BANK OF ALL RECIPIENTS OF THE PURPLE HEART. IN ADDITION IF YOU HAVE OBJECTS THAT HELP TELL THE PERSONAL STORIES OF EACH RECIPIENT WHICH WOULD BE APPROPRIATE FOR EXHIBIT IN THE NATIONAL PURPLE HEART HALL OF HONOR. TO BEGIN YOUR REGISTRATION, PLEASE MAIL OR E-MAIL US THE FOLLOWING INFORMATION. **NYSARKS.COM** CLICK ON THE PURPLE HEART

1. THE NAME ADDRESS AND CONTACT INFORMATION OF THE PERSON WHO WILL BE PROVIDING INFORMATION ON A RECIPIENT OR RECIPIENTS.
2. THE NAME OF THE PURPLE HEART RECIPIENT AND AS MUCH INFORMATION AS YOU CAN PROVIDE, THE TIME OF SERVICE, RANK(S), MILITARY UNIT, DATE AND THE LOCATION OF BIRTH, INFORMATION THAT WILL HELP TELL THE STORY TO VISITORS, PERHAPS INCLUDING FUTURE GENERATIONS OF YOUR OWN FAMILY. IF YOU ARE A PURPLE HEART RECIPIENT SUBMITTING YOUR OWN INFORMATION, PLEASE INCLUDE THE INFORMATION SO WE CAN CONTACT YOU.
3. DOCUMENT OF RECEIPT OF THE PURPLE HEART . COPIES OF THE DD-214, WD OR EQUIVALENT DISCHARGE PAPERWORK. CERTIFICATES OR OTHER PROOF OF RECEIPT OF THE PURPLE HEART.
4. COPIES OF PHOTOGRAPHS, TELEGRAMS, NEWSPAPER, MAGAZINE OR ON LINE ARTICLES ABOUT THE RECIPIENT OR OTHER MATERIAL THAT HELP TELL THE STORY.

**MATERIAL CAN BE MAILED TO**  
**ATTN: KAREN PENA**  
**NATIONAL PURPLE HEART HALL OF HONOR**  
**PO BOX 207**  
**VAILS GATE, N.Y. 12584**

The care of many of our veterans is co-managed. This means that you have a private provider in the community as well as a provider at the VA. **It is important that you, the veteran, take the responsibility to keep both of your providers informed of any change in medication or treatment.** If your non-VA provider changes your treatment or your medication, you need to let your VA provider know. This form was created to assist you in the process.

**TO OBTAIN MEDICATION FROM THE VA**

Your VA provider must be informed as to why a current medication is changed or a new medication ordered by your non-VA provider. If your VA provider is not informed, he/she may choose not to re-write these prescriptions until appropriate information is provided. (i.e., lab results, cultures, x-ray results, physical findings). This form is to be completed by your non-VA provider when medications or treatments are changed.

.....

Patient Name \_\_\_\_\_ Social Security Number \_\_\_\_\_

This information is provided by Dr. \_\_\_\_\_ Phone # (\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_ Date \_\_\_\_\_

1. Medication(s) ordered or dosage(s) changed \_\_\_\_\_

\_\_\_\_\_

2. Diagnosis and justification (Please include or medication will **not** be approved) \_\_\_\_\_

\_\_\_\_\_

3. Were any medications discontinued? If yes, please list \_\_\_\_\_

\_\_\_\_\_

4. If follow-up tests, such as blood work, x-rays, cultures, etc., are needed, procedures will be done at:

\_\_\_\_\_ VA \_\_\_\_\_ Privately

5. The VA does not carry all medications, and some are restricted. (see the VA Formulary Web site at <http://www.va.gov/visns/visn02/network/formulary.html>. **Please contact the VA Pharmacy at (315) 425-4400 ext. 52026 for formulary related questions**). Can another medication be substituted? If so, what? (some restricted medications may require additional information)

\_\_\_\_\_

\_\_\_\_\_

Non-VA Provider Signature: \_\_\_\_\_

Please Print Non-VA Provider Name: \_\_\_\_\_

**This form may be faxed or hand carried to your VA Primary Care Team  
Team Blue Fax: (315) 425-2489  
Team Red Fax: (315) 425-4827**

## **INSTRUCTIONS FOR FILLING NON-VA PRESCRIPTIONS**

The VA will copy the prescription and return the original to you to fill at your local pharmacy. Copies of all office notes, test results and the reason why you are taking the prescription **must** accompany each prescription.

Plan on filling the prescription at your local pharmacy for a minimum of two weeks. This will allow the VA time to review your doctor's notes, process and send the prescription to you.

**PLEASE NOTE:** The VA will fill the prescription only if the VA Clinician agrees with the diagnosis and method of treatment being prescribed.

## **INSTRUCTIONS FOR VA REFILLS**

To process your prescription requests more efficiently, we will require that all patients give us 48 hour notice for renewals. Requests may be called for during regular working hours of **8:00 a.m.** to **4:00 p.m.** Monday thru Friday. Prescriptions will not be renewed after 4 p.m. weeknights, on weekends or Holidays.

When you receive your meds you can call 315-425-6505 and request your meds for the next time. If you need a new prescription, the system will tell you and then call the clinic 315-425-4328 for a refill for the next time. **By following this procedure, you will not run out of your medicine.**

**VIETNAM VETERANS OF AMERICA  
CENTRAL NEW YORK CHAPTER #103  
P.O. BOX 675  
LIVERPOOL, NY 13088**

**MEMBERSHIP APPLICATION**

Veterans must provide evidence of service (DD214 or Equivalent)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_

Veteran (Y) \_\_\_\_\_ (N) \_\_\_\_\_

Are you a Vietnam-Era Vet? (Y) \_\_\_\_\_ (N) \_\_\_\_\_

In-Country Vet? (Y) \_\_\_\_\_ (N) \_\_\_\_\_

**ANNUAL DUES** for Veterans is \$20.00/year. We accept checks, credit cards or money orders.  
Please do not send cash.

Type of Membership: (  )New (  )Renewal Amount Enclosed \$ \_\_\_\_\_

When you need help....  
Medical Problems? Medical Concerns? Eligibility Questions?  
Call VA Telecare  
24 hours a day, 7 days a week  
1-888-838-7890 (toll free)

VA Medical Professionals are as close as your telephone.  
VA Telecare, a service of the Syracuse VA Medical Center.

"Putting Veterans First"

To purchase hats, T-shirts, stickers, pins, etc. Go to:  
Westvale Gardens  
2400 West Genesee Street  
Syracuse, NY 13209

And say "Hi" to Bill Martin!

Vietnam Veterans of America  
Central New York Chapter 103  
P.O. Box 675  
Liverpool, NY 13088

**NON PROFIT ORG.  
US POSTAGE PAID  
LIVERPOOL NY  
----- PERMIT #55**

ADDRESS SERVICE REQUESTED



VVA Chapter 103 holds its meetings at American Legion Post 188,  
205 Cypress St, Liverpool, NY on the 3rd Thursday of each month  
at 7:00 p.m.

Directions: From Heids Corner, follow signs to Rt 370 (2nd Street).  
Take first left past Washington Park. The post is on your right side,  
across from the park.